

ARROWHEAD REGIONAL MEDICAL CENTER PHARMACY RESIDENCY PROGRAM

Arrowhead Regional Medical Center (ARMC) is a 456-bed acute care teaching hospital, located in a state-of-the-art facility in Colton (about 60 miles East of Los Angeles). The hospital is owned and operated by the County of San Bernardino. Pharmacy services are provided under a management contract by Institutional Pharmacy Services, Inc. (IPS), a corporation which supplies a full range of services to hospitals. The combined resources of ARMC and the management group provide a unique training ground for residents in all aspects of clinical, administrative, and managerial pharmacy. ARMC's family practice residency program is one of the largest in California. Pharmacy residents are an integral part of the ARMC housestaff.

Clinical Experience:

- Patient Care Rotations — Established rotations in: Internal Medicine, Infectious Disease, Pediatrics, Family Practice, Psychopharmacy, Emergency Medicine, Neonatology, Neurosurgery, Orthopaedics, Critical Care, Nutritional Support, Oncology, and Drug Information. In addition, new rotations can be developed according to each resident's professional interests. Residents participate in Code Blue activities after successfully completing Advanced Cardiac Life Support (ACLS) certification.
- Ambulatory Care: Residents provide drug information consultation to physicians and nurse practitioners in the Family Health Centers, in an atmosphere that encourages patient contact. Once a week, pharmacy residents participate in patient evaluation and treatment plans in the Geriatric Assessment Clinic. The residents participate in the Department of Public Health HIV Clinic, in a pharmacist-managed anticoagulation service and lipid clinic, hemodialysis center, and a pediatric asthma clinic at ARMC.
- Teaching: Pharmacy Residents present lectures to the housestaff and faculty, nurses, and other medical personnel. They serve as preceptors to senior students from the University of California, University of Southern California, Western University of Health Sciences, University of the Pacific, University of Southern Nevada, and Loma Linda University School of Pharmacy.
- Other: Pharmacokinetic, Total Parenteral Nutrition (TPN), pain management consultations, and drug use evaluations.

Administrative Experience:

- General Administrative: Residents receive lectures and hands-on experience in areas of budgeting, staffing, purchasing, inventory control, personnel management, legislation, reimbursement, financial analysis, communication, organizational structure and planning.

- **Supervisory Experience:** This training is obtained through direct supervision of technical personnel. Each pharmacy resident takes charge of the entire pharmacy operation for several days each year.
- **Participation in the Management Team:** Residents are included in the decision-making process of the department.
- **General Experience:** Residents run staff meetings, attend various hospital committee meetings, assist in the development of new programs, attend management seminars, and participate in functions at other affiliated pharmacies.

Additional Components:

- **Professional Development:** Residents will attend the California Society of Health-System Pharmacists (CSHP) Seminar, American Society of Health-System Pharmacists (ASHP) Midyear Clinical Meeting, Western States Residents, Fellows and Preceptors Conference, and other clinical and professional management seminars. Membership in ASHP is mandatory. Active membership in CSHP is strongly encouraged.
- **Other Activities:** Residents are co-editors of the Pharmacy Newsletter. They participate as non-voting members in the Pharmacy and Therapeutics Committee meetings.
- **Residency Project:** Each resident is expected to complete a major project suitable for publication.

For additional information, contact:

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